

Name Cadence Lerma  
 Weight Class 285  
 Hank ID 0859849  
 Hawkmail clerma@hfcc.edu

Attendance			
	Total	Attended	Excellent Needs Improvment
CHAMPS	16		<input type="checkbox"/>
Vision Forum	1	1	<input type="checkbox"/>
Learning Lab	96		<input type="checkbox"/>
Practice	44		<input type="checkbox"/>
Progress Reports	4		<input type="checkbox"/>

**Neutral Position**

	1	2	3	4
#1 Takedown	Perfect	Double off	Post & lift	Backside
Set up	Circle opposite	Wrist pull		
Plan B	Misdirection			
Plan C				
Plan D				

**Bottom Position**

- #1
- #2
- #3

- Stand up
- Sit out
- Reversal
- Rolls
- Changeover

	1	2	3	4
#2 Takedown				
Set up				
Plan B				
Plan C				
Plan D				

**Top Position**

- #1
- #2
- #3

	1	2	3	4
#3 Takedown	Low single	Knee pick		
Set up				
Plan B				
Plan C				
Plan D				

Win %	Wins	Loss	Pins	Tech Fall	Major Decision	Decision	GPA
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